



NORTHERN
TERRITORY
LIVED
EXPERIENCE
NETWORK



Opportunity for family members of people with a NDIS plan and psychosocial supports – workshop Saturday, 24th of April 2021

The NT Lived Experience Network and Mental Health Victoria are inviting the family members of people who have an NDIS plan and benefit from psychosocial supports to come to a workshop and tell us what you think makes a good NDIS worker.



ndis National Disability
Insurance Scheme

- The workshop is on Saturday the 24th of April 2021 from 1:00 pm to 4:30 pm at the TeamHEALTH Damibila Room, 5 McCourt Road, Yarrowonga (Palmerston).
- We will pay you for your time to attend. Family members will receive a \$120 gift card to participate in this 3.5-hour workshop.

- Family members of NDIS Participants who participate in this workshop will receive a \$120 gift card to participate in this 3.5-hour workshop.
- We will ask people that come to the workshop to talk about the things that they think make a great NDIS support worker.
- Mental Health Victoria will use this information to make a guide for NDIS service providers and workers.
- They will also recommend training for NDIS workers across Australia so that they can be better at providing support to people who experience mental health challenges.
- If you book to come to the workshop, we would like you to come for the full 3.5 hours. There will be a break with food and drinks provided during afternoon tea.



Why come to the workshop?

Some of the benefits are:

- Having a say about things that affect you and the person you love who is a NDIS participant
- Sharing your point of view on how NDIS workers can better support the person you love
- Making the NDIS better for other people
- Being paid for your time.

Workshop details



When: Saturday, 24th of April 2021, 1:00 pm to 4:30 pm, with a break and morning tea

Where: TeamHEALTH Damibila Room, 5 McCourt Road, Yarrowonga (Palmerston)

Who: Family members of people who have a NDIS plan with psychosocial supports and want to make the NDIS the best it can be for people who experience mental health challenges.

People that come to the workshop will need to feel okay to talk about their views in a group.



Paid time: You will be provided with a \$120 gift card for your time at the workshop.

If you need support to get to the workshop, please let us know. We can support you to travel to and from the workshop or pay for transport.



RSVP: There are spaces for the family members of up to 12 NDIS participants to come to the workshop. Please contact us by Wednesday, 21st of April to let us know if you would like to come.



RSVP and more information

To RSVP or for more information about the workshop.

Phone: 0438 022 032

Contact name and email:

Noelene Armstrong, Peer Facilitator and Lived Experience Educator, NT Lived Experience Network

contact@livedexperiencenet.net



About the workshop facilitator

Noelene Armstrong is a Darwin based mental health peer worker and lived experience educator. Noelene uses her own experience of mental health recovery and as a family advocate to support other people on their individual journeys and to help the broader community to understand mental health and break stigma.