

Alice Springs

Empowering YOUTH Program

Term 3 School Holidays

The Empowering YOUTH Program is for young people aged 12 to 17 who have diverse abilities. This includes young people who may be on the autism spectrum, have sensory processing needs or have experienced challenges to their wellbeing.

The Empowering YOUTH Program is interactive, hands-on and fun.

It uses creative, movement and discussion-based activities to explore concepts including diversity, inclusion, identity, values, self-advocacy, wellbeing & coping skills.

The Empowering YOUTH Program is delivered over 4 x half day sessions and in October 2022 we are excited to take the program to Alice Springs!

Alice Springs

Dates: Monday the 3rd, Tuesday the 4th, Thursday the 6th and Friday the 7th of October 2022

Time: 9 am to 11:30 am, each day

Venue: Andy McNeill Room, 93 Todd Street, Alice Springs

Adults with their own diverse abilities have created and will deliver each program informed by their own lived experience. There will be lots of food breaks and each program will be set up with a quite space.

The program is **FREE** and you **do not** need a NDIS Plan to participate. Places are limited, so registration is essential. To register or find out more information:

w: www.bit.ly/ntleneyp e: contact@livedexperiencenet.net

Or speak to one of us on m: 0438 022 032 (Noelene)



@livedexperiencenet



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Program is fully funded by a
NDIS Information Linkages &
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