

## **Progress with Peers**



Join a free peer education and recovery program for individuals facing mental health challenges and seeking employment. This program is designed to build strengths, values, and networks for success. It is inclusive and safe for diverse communities—queerness, neurodiversity, varying learning styles, literacy levels, race, culture, and all lived experiences are embraced.

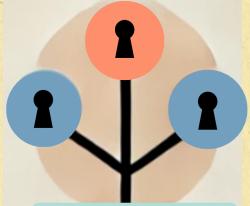
## Delivered over 10 x 3-hour sessions

Venue Days & Time Dates 16/59 Bayview Boulevard, Bayview NT Fridays | 9am - 12pm Starting 7th Feb 2025



Lived experience group

Programs are run by peers - people with their own lived experience of mental ill-health and/or addiction - who are trained to support recovery.



Become part of a community

Connect in a confidential and supportive environment. Expand your network to increase opportunities.

Participation is free



Recovery and Employment Skills

Develop practical skills for job readiness.
Understand your strengths and values to set achievable goals.





## To register or for more info:

www.livedexperiencent.net contact@livedexperiencent.net 0423 656 284





